

# Centering Prayer: An Introductory Program

***“Be Still and Know That I am God.”***

***Do you yearn for a deeper relationship with God?***

***Centering Prayer may be for you.***

***Centering Prayer is a simple method***

***of Christ-centered silent prayer***



***June 10, 2017***

***San Rafael Parish***

***17252 Bernardo Center, San Diego 92128***

***Registration: 8:30 – 8:50 a.m. (with coffee and continental breakfast)***

***Workshop: 9:00 a.m. –12:30 p.m. Suggested donation for entire Introductory Program: \$25***

*The Introductory Program includes the Saturday workshop and six 90 minute follow up sessions over six weeks. Place, day and times will be determined at the workshop.*

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*Centering Prayer Introductory Program Workshop  
San Rafael Parish, San Diego, June 10, 2017*

Name \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

For registration information call: Merrilee Melvin (760) 215 0782 (C) Audrey Spindler (858) 208-8609 (C), the CONSD Office (760) 745-8860, or email [CONSD@cox.net](mailto:CONSD@cox.net)

***Please mail registration/ checks to: CONSD \* 908 Via Linda \* Escondido, CA 92029  
Registrations also accepted at the door, however, we are unable to accept credit cards.***

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